

# West Salem Junior Chefs



**An interactive nutrition program for second grade students. Six nutrition lessons incorporate math, spelling, and reading skills. The grand finale is a visiting chef and school nutrition program staff helping students complete meal preparations for invited guests.**

Dear Second Grade Staff,

It is that time of year again! The available units are listed. Remember to pick a partnering class. We will put two classes together to save time. The deadline for the recipe book is Monday November 19. Please stick to that deadline.

## **30 minute learning session**

## **Related activity**

- |                                     |                                |
|-------------------------------------|--------------------------------|
| 1. Better Breakfast/Better Learning | 1. Free Second Grade Breakfast |
| 2. Fishing For Snacks               | 2. Snacking Party From A to Z  |
| 3. Hand Washing/Food Safety         | 3. Community Night             |
| 4. Great Gardens: From Earth to Sky | 4. Grocery Bag Decorating      |
| 5. Five a Day Fruits and Veggies    | 5. Taste a Rainbow             |
| 6. Place Setting and Table Manners  | 6. Parent Meal at 2:00 p.m.    |

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